

SUMMER CAMP PACKING LIST

Hey campers! We can't wait to see you soon! This list is to help you pack for your week at GVR, but might not include everything you need to bring. Remember all medications (prescription & over the counter) must be given to a nurse on check in day with the appropriate paperwork. Please have all meds in a separate ziplock bag outside of camper luggage ready for medical staff to check in when you arrive.

CLOTHING

- LONG & SHORT SLEEVED T-SHIRTS
- LONG & SHORT PANTS
- SWEATSHIRT & JACKET
- BAITHING SUIT
- CLOSED TOED SHOES
- FLIP FLOPS FOR SHOWER SHOES
- HAT
- DRESSY CLOTHES FOR THURSDAY NIGHT

TOILETRIES

- BEACH & BATH TOWEL
- SHAMPOO & CONDITIONER
- BODY WASH
- TOOTH BRUSH & PASTE
- DEODERANT
- COMB OR BRUSH

BEDDING

- SLEEPING BAG OR TWIN SIZED BEDDING
- BLANKET
- PILLOW
- FAVORITE STUFFED ANIMAL

MISC.

- WATER BOTTLE
- SUNSCREEN
- BUG SPRAY
- DIRTY CLOTHES BAG
- FLASH LIGHT
- CHAPSTICK
- SUNGLASSES
- BACKPACK

WHAT NOT TO BRING

- CELL PHONES OR ELECTRONICS OF ANY KIND
- WEAPONS OF ANY KIND
- PETS
- FIREWORKS
- MATCHES/LIGHTERS
- TABACCO, ALCOHOL, OR DRUGS/NARCOTICS OF ANY KIND